

>>> NEWSLETTER <<<

FOOD4kids

Sustainability through food literacy in kindergartens



THE CHILDREN FROM TA KINDERGARTENS INVESTIGATE HONEYBEES AND BUGS AT DMMH

THE FIRST ARTICLE IS PUBLISHED

>>> READ MORE

We have published the first of two articles presented at the EECERA conference in September 2024. The article compares curricula in Italy, Norway and Sweden with a special focus on sustainability and can be read here: <https://doi.org/10.1080/13504622.2025.2505954>.

A second article has been submitted for review to the European Early Childhood Education Research Journal. Both journals are level 2 (in the Norwegian system).



awareness
knowledge
learning
skills
experiences
develop
social
cultural
teachers



learning
play
develop
staff
language
parents
help
culture
experiences
sami



experiences
learning
develop
teachers
play
knowledge
skills
work
opportunity

DOCUMENT ANALYSIS OF CURRICULA IN ITALY, NORWAY AND SWEDEN

READ MORE



In Puglia, we have so far collected data from 7 preschools. The interviews will be completed by autumn 2025. In Italy, meal management is very different between public and private schools. Public schools are large, often cover several buildings and include kindergartens, primary schools and secondary schools. In these schools, the number of children who join the school canteen can reach several hundred, and schools, due to current legislation, have to use external companies. However, in private schools, which are often smaller, it is easy to find an internal canteen, with a chef employed by the school and a more “child-friendly” organization, less industrial and more attentive to food quality. Schools participate enthusiastically in the research, while obtaining data from companies is more challenging.

DATA COLLECTION IN ITALY

DATA COLLECTION IN SWEDEN



READ MORE

In Sweden, we have conducted interviews with 51 children from eight preschools in two municipalities . The participants, who are five and six years old, are in their final year of preschool. Data analysis is planned after the summer. By autumn 2025, all interviews with preschool teachers and kitchen staff will be completed.

READ MORE



In 2025, we interviewed several children from kindergartens in the Bergen and Oslo areas. In total, we interviewed approximately 130 children. We also interviewed a total of nine kindergarten employees who are responsible for food about their experiences with food and meals in kindergarten. A total of 20 kindergartens have also provided data on the food purchased during the course of one year.

DATA COLLECTION IN NORWAY



READ MORE

We are planning a FOOD4kids conference / workshop at DMMH on October 22nd and 24th, 2025. Kindergarten employees from Trondhjems Asylselskap (TA) will present together with researchers from NTNU and DMMH.

FOOD4KIDS CONFERENCE IN OCTOBER

➤➤➤ READ MORE

4-year-olds from several of the kindergartens from TA have visited DMMH and together with employees have studied the insects both in the flower meadow, with traps and with a display hive (honey bees).

This fall, the same children will return to DMMH to harvest, extract and taste honey.

INSECTS AND INTERRELATIONSHIPS IN NATURE

PHD AT NTNU

➤➤➤ READ MORE

PhD student Kristin is well underway with the analysis of greenhouse gas emissions from food from the first 10 kindergartens. Preliminary results have already yielded some interesting findings that will be exciting to delve deeper into!

➤➤➤ READ MORE

Cooking classes with children attending kindergartens from TA are planned for autumn 2025 under the direction of Heidi Bjerkan and Credo Kompetansesenter.

COOKING COURSES WITH CHILDREN

JESPER MEISLER IS WORKING AS COORDINATOR

➤➤➤ READ MORE

Jesper has started in the role of food educator and coordinator for FOOD4kids. He has visited various TA kindergartens, and done some activities with children, but mostly brainstorming with some of the staff. Jesper's role towards the kindergartens is 40% divided over two days a week, Wednesdays and Fridays.

